SAN DIEGO COUNTY SUICIDE PREVENTION & MENTAL HEALTH EXPERTS

San Diego County Suicide Prevention Council
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OptumHealth Access & Crisis Line
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Survivors of Suicide Loss – San Diego County
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American Foundation for Suicide Prevention (AFSP), San Diego Chapter
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www.afsp.org/local-chapters/find-your-local-chapter/afsp-san-diego

Yellow Ribbon Suicide Prevention Program,
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National Alliance on Mental Illness (NAMI) San Diego
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Materials and resources for the media can be found at:

1. www.Up2SD.org
   (Under Suicide Prevention Resources)
2. www.SPCSanDiego.org
3. www.ReportingOnSuicide.org

Provided on behalf of the San Diego County Suicide Prevention Council.